

HEERAMANDI

Support & Safeguarding Resources

This production engages with themes of gender, power, labour, migration, and survival. We recognise that some content may resonate personally. If you or someone you know requires support, the following confidential services are available.

Modern Slavery & Trafficking

- Modern Slavery Helpline – 0800 0121 700 (24 hours)
- NSPCC Helpline – 0808 800 5000

Sex Worker Support & Safety

- National Ugly Mugs – 0800 464 7669
- Streetlight UK – www.streetlight.org.uk
- English Collective of Prostitutes – 020 7482 2496

LGBTQIA+ Support

- Switchboard LGBT+ Helpline – 0800 0119 100 (10am–10pm)
- LGBT Foundation – 0345 330 3030
- Galop – 0800 999 5428
- MindLine Trans+ – 0300 330 5468

Domestic Abuse Support

- National Domestic Abuse Helpline – 0808 2000 247 (24 hours)
- Respect Men's Advice Line – 0808 801 0327 (Mon–Fri, 10am–5pm)

Heeramandi honours the histories, resilience, and voices of artists and communities whose stories have often been silenced. Care, respect, and safety remain at the heart of this work.