

MEZA EAST

SPECIAL SUMMER MENU CARIBBEAN IS KING

020 8279 1161 | www.mezaeast.com | @EastMeza

MAINS

ALL SERVED WITH RICE & PEAS, SALAD AND FRIED PLANTAIN

JERK CHICKEN	9.5
Charcoal-grilled chicken on the bone served with house jerk sauce	
CURRY MUTTON	10.5
Slow-cooked mutton curry stew	
ESCOVITCH FISH (G)	12.5
Deep-fried Red Bream, slow-cooked in a mild sauce with peppers and onions	
ITAL STEW (VG)	8
A traditional Caribbean stew to soothe your soul	
ACKEE & SALTFISH (G)	12.5
Slow-cooked with peppers, onions and scotch bonnet	
OXTAIL (G)	12.5
Braised oxtail with butter beans	
SPICY OKRA STEW (VG, G)	8
A hearty curry bursting with Caribbean flavours	

SMALL PLATES

MAC & CHEESE (V)	3.5
BBQ WINGS	4.5
GREEN SALAD (VG)	5.5
CALAMARI	5
ACKEE & SALTFISH DUMPLINGS	6
JERK BURGER	5.5

SIDES

CHIPS (V)	2.5
COLESLAW (V)	2.5
SWEET POTATO CHIPS (V)	3.5
SIDE SALAD (VG)	3
FRIED PLANTAIN (V)	2.5

V = VEGETARIAN, VG - VEGAN, G = GLUTEN FREE

Please be advised that food prepared here may contain nuts.
Please ask for advice if you have any allergies or dietary requirements