

GERRY'S

PRETEND LIKE YOU'RE TRYING THIS JANUARY.....

SKINNY MUFFINS ... Half the calories of a Feb-Dec muffin ... 2.50

BROCCOLI AND THE BEAST ... An amazing combination of broccoli, spinach, celery, mango, pineapple and banana. ... 2.75

BERRY GO ROUND ... Berry-licious smoothie is filled with whole blackberries, raspberries and strawberries. Blend with fresh apple juice to make our favourite deliciously tart and refreshing berry smoothie. ... 2.75

DOCTOR BEET ... Full of that big earthy flavour of beetroot, if you like that sort of thing! ... 2.75

BIG 5 SMOOTHIE ... Bursting full of flavour with a blend of pineapple, mango, kiwi and strawberry mixed with the big 5th ingredient - freshly squeezed apple juice ... 2.75

DETOX ZING ... Ginger, Courgette, Banana, Carrot, Blueberry ... 2.75

BREAKFAST SMOOTHIE ... Blueberry, Muesli, Banana ... 2.75

AVOCADO PIZZA ... Its got mushrooms, olive and cherry tomatoes around base tomato paste, garlic and shallot and AVOCADO ... 6.75